



NEURODIVERSITY PARENT SUPPORT GROUP



TheWingsCenter.org
770.967.7170

Do you feel like you're the only one who understands your child . . . or question if you truly understand them?

Families with a neurodivergent child can sometimes feel alone. Neurodiversity includes all neurological/brain differences.

The Wings Center at Eagle Ranch, in Flowery Branch, is forming a therapist-led open support group for parents and guardians of neurodivergent children and teens, or children and teens who live with a mental illness.

The group is designed to help parents and guardians feel supported and less isolated in the task of raising exceptional children and teens. The group will focus on topics such as anxiety about the future, understanding behavior as communication, reaching radical acceptance, reimagining a successful life, and much more.

Each meeting will include a short teaching about a discussion topic, led by a licensed therapist. This will be followed by an extended opportunity for discussion with other parents and guardians who are walking similar paths.

EXAMPLES OF NEURODIVERSITY

ADHD, Autism, Bipolar Disorder, DMDD, Dyslexia, Giftedness, Learning Disabilities, ODD, PTSD, and Sensory Processing Disorder

GROUP FORMAT

Participants	Parents and guardians of neurodivergent children and teens or children and teens who live with a mental illness.
Duration of Sessions	80 minutes
Frequency	Once a month

GROUP DETAILS

Date	1st Wednesday of the month, beginning November 1, 2023
Time	6:00 - 7:20 p.m.
Location	The Wings Center at Eagle Ranch 5480 Union Church Road Flowery Branch, GA 30542
Cost	\$20 per person \$30 per married couple